

# RESOURCE LIST

FOR RESIDENTS OF CALIFORNIA'S 39th DISTRICT



Information is current as of **September 21, 2020**. Please visit [cisneros.house.gov/coronavirus-information](https://cisneros.house.gov/coronavirus-information) for regularly updated info on COVID-19 standards, testing, and resources.

Call or text **211** for 24-hour access to multilingual housing, food, child care, mental health, and emergency response services

For California Department of Public Health updates, visit [cdph.ca.gov](https://cdph.ca.gov)

For updates on COVID-19 Veterans health services, visit [va.gov/coronavirus](https://va.gov/coronavirus)

## FOOD & NUTRITION

### Meals on Wheels

Delivering free, nutritious meals to senior, disabled, and chronically ill individuals.

- LA: [mealsonwheels411.org](https://mealsonwheels411.org) | (714) 220 0224
- OC: [mealsonwheelsOC.org](https://mealsonwheelsOC.org) | (626) 333-4570
- Chino Hills (Caring for the Hills): (909) 597-1454

### Great Plates Delivered for Seniors

Temporary free emergency home-delivery program in response to COVID-19 for seniors 60+. Includes 3 meals a day provided by participating local restaurants.

- LA: [wdacs.lacounty.gov/greatplates](https://wdacs.lacounty.gov/greatplates) | 211
- OC: [mealsonwheelsOC.org/covid-19-get-meals](https://mealsonwheelsOC.org/covid-19-get-meals)
- SB Hotline: (888) 743-1485

### Pomona Valley Food Bank

Provides nutritious food packs for families in need through their *Fresh Rescue Program*

284 East Holt Avenue, (626)-200-0356  
Pomona, California 91767, [pomonafoodbank.org](https://pomonafoodbank.org)  
United States

### WIC (Women, Infants, Children)

Free food and nutrition education program for pregnant, breastfeeding, and postpartum women, infants, and children under age five who have a low income and are at nutritional risk. Women impacted by COVID-19 may qualify.

- Yorba Linda: (714)-446-9890 & SB County. Apply
- Pomona: (909)-590-4847 online at
- Chino: (909)-203-4650 [phfewic.org](https://phfewic.org)

Available in LA, OC,

### Second Harvest Food Bank

Visit their website to find info on CalFresh assistance, mobile pantry locations, low-income senior groceries, and meals for kids.

- COVID-19 Pop-up Food Drive at the Honda Center Saturdays 9am-12pm
- (855) 2-FeedOC [feedoc.org](https://feedoc.org)
- OC food locator (EBT-accepted) [ocfoodhelp.org](https://ocfoodhelp.org)

## FINANCIAL/LEGAL AID

### Community Legal Aid SoCal

Provides legal aid for low-income people in OC and LA County. Offering online clinics for SSI, record expungement, and worker's rights. *Health Consumer Action Center* aids with health insurance and Medi-Cal cases.

2101 North Tustin Avenue, Santa Ana, CA 92705

Hotline: (800)-834-5001  
[communitylegalsocal.org](https://communitylegalsocal.org)

### United Way

Website provides comprehensive, up-to-date info on COVID-19 resources for financial relief, health services, housing access, and education. Operators of 211 multilingual hotline for community resources/service.

- LA: [unitedwayla.org](https://unitedwayla.org) | (213) 808-6220
- OC: [unitedwayoc.org](https://unitedwayoc.org) | (949) 660-7600
- SB: [ieuw.org](https://ieuw.org) | (909) 980-2857

Hotline:  
**211**

## COMMUNITY SERVICES

### YMCA Distance Learning Support

Offering educational support through in-person distance learning lab time, homework help, and part-time child care for K-8th grade students. Chrome Books and financial assistance available.

- Pomona Valley: [ymcapv.org/child-care-centers](https://ymcapv.org/child-care-centers)
- OC: [ymcaoc.org/fall2020](https://ymcaoc.org/fall2020)
- Chino Valley: [weymca.org/childcare](https://weymca.org/childcare)

### Lutheran Social Services

Weekly food pantry and senior grocery program, clothing, hygiene packs, emergency housing and transportation vouchers. Housing assistance, counseling, and supportive services for abused women.

12432 Ninth Street  
Garden Grove, CA 92840  
M/Tu 9:30am-12:30pm  
W/Th 10am-12pm, 1pm-3pm

(714)-534-6450  
ocinfo@LSSSC.org  
[lsssc.org](https://lsssc.org)

